

RUNWAY – HORIZON

Pilot Level

A Structured English Speaking System

RUNWAY – Horizon (Pilot Level) is a structured English speaking program designed to develop *clear, structured, and confident* communication in *real-life situations*.

- Extend answers with reasons and results
- Explain ideas with clear supporting details
- Express opinions and preferences confidently
- Handle complex communication situations
- Organize and deliver structured spoken responses



RUNWAY – Horizon | Pilot Level

A Structured English Speaking System

Program Overview

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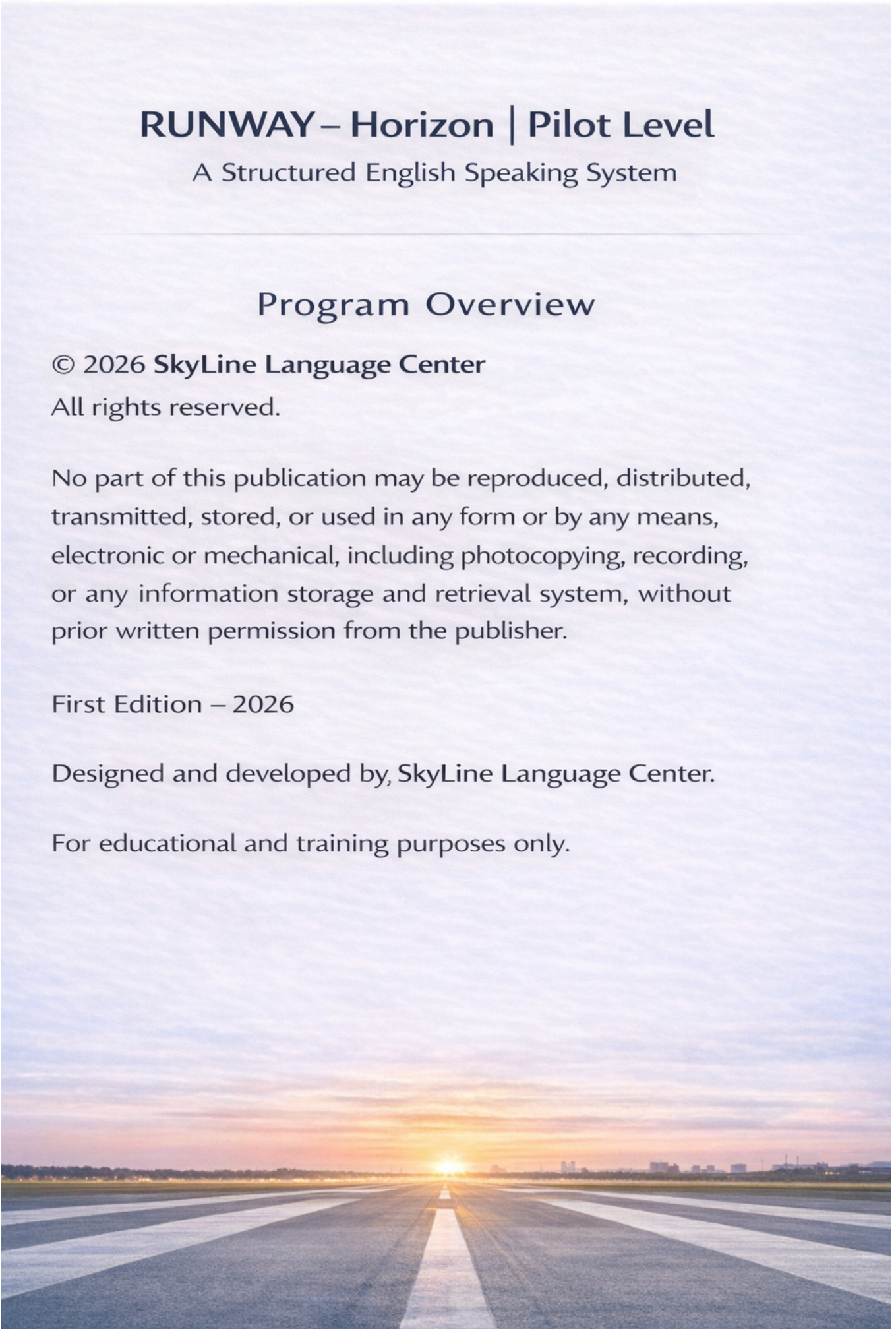
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RUNWAY – Horizon | Pilot Level

Program Overview

✈ Who This Book Is For

Designed for learners who:

- Can communicate in basic English but need more structure
- Want to express ideas with clarity and confidence
- Need to explain reasons, opinions, and situations effectively
- Are ready to move from simple responses to structured speaking.

This level is ideal for learners developing **independent, real-life communication skills**.

✈ Learning Objectives

Upon completion, students should be able to:

- Extend answers with clear reasons and results
- Explain ideas using relevant supporting details
- Express preferences and opinions with confidence
- Give and respond to suggestions appropriately
- Handle challenging communication situations
- Provide advice with logical explanation
- Solve problems using multi-step reasoning
- Deliver structured spoken responses (1–2 minutes)

✈ Instructional Use

This program may be delivered through:

- 1–1 coaching
- Small group instruction
- Classroom implementation
- Speaking-focused training sessions

✈ Progression Model (Lessons must be completed sequentially)

- **Crew Level** → Basic communication
- **Pilot Level** → Structured communication
- **Captain Level** → Advanced communication

Structured practice builds clarity.

Clarity builds confidence.

Confidence leads to effective communication.

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LESSON FRAMEWORK

- Focus Skill
- Model Interaction
- Guided Practice
- Speaking Task

Clear communication is structured communication.





Lesson 1 – Extending Answers with Reasons & Results



Takeoff – Why Short Answers Are Weak

Short answers don't fully **explain** your ideas. At Pilot Level, you should explain **why** something is **true** and **what happens because of it**. This makes your communication clearer and more effective.



Example → Upgrade

Example: Why is learning English important today?

English is important.

Upgrade: English is important *because it allows people to communicate internationally, and as a result, it creates more opportunities for education and work.*



Model Flight – Example Conversation

Topic: “Why do people need to develop new skills?”



Mia: I believe people need to develop new skills *because the world is constantly changing.* As a result, learning new skills helps them stay competitive and confident.



Victor: From a practical point of view, developing new skills *increases problem-solving ability.* This means people can handle challenges

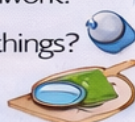


Rico: I think it's important because you can become more *independent.* So, you don't always need help from others.



Practice Zone – Example Questions

1. Why is it important to manage your time well?
2. Why do people set goals in life?
3. Why is communication important in teamwork?
4. Why do some people enjoy learning new things?
5. Why is it important to stay motivated?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

1. Answer the question.
2. Give a reason.
3. Add one detail.





Lesson 2 – Adding Details to Explain Ideas



Takeoff – Why Adding Details Is Important

Adding details makes your ideas clearer and more interesting. At Pilot Level, you should include *specific reasons, examples, or facts* to explain your point of view in a detailed way.



Example → Expand

Example: Why is reading beneficial?

Reading is good.

Expand: Reading is good for students because it *improves focus*. For example, when you read a book, you need to pay attention to the story, which helps train your brain to concentrate better.



Model Flight – Example Conversation

Topic: “How can daily exercise improve your health?”



Mia: Daily exercise is important because it *boosts your energy*. For example, when you make exercise a habit, your body releases more endorphins, which gives you energy and helps you feel good.



Victor: Exercise is good for the heart. If you go jogging regularly, for instance, it *improves your blood circulation*. This reduces the risk of heart disease.



Rico: It also helps control weight. For instance, when you walk or swim, you burn calories. Over time, this can help you maintain a healthy weight.



Practice Zone – Example Questions

1. How can eating vegetables benefit your health?
2. Why is it valuable to learn from your mistakes?
3. What are the benefits of getting enough sleep?
4. How does practicing sports help develop teamwork?
5. What are the positives of learning a second language?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

- 1 How can a balanced diet
- 2 Give specific details.
- 5 Use words like “for example” or for instance.”





Lesson 3 – Expressing Preferences with Reasons



Takeoff – Giving Reasons for Your Preferences

When talking about preferences, it's important to say why you prefer something. At Pilot Level, you should explain the reason for your preference in a clear and convincing way.



Example → Upgrade

Example: Which do you prefer: working indoors or working outdoors?

Upgrade: I prefer working outdoors *because I love the fresh air. For instance, when I work outside, I can enjoy nature, which makes me feel refreshed and happy.*



Model Flight – Example Conversation

Topic: "Which season is your favorite? Why?"



Mia: I prefer summer because I like doing outdoor activities. For example, I love going to the beach to swim and to have fun with my friends.



Victor: My favorite season is autumn because I enjoy the cooler weather. For instance, I like going for walks in the park because the leaves change color and the air feels crisp.



Rico: I really like winter due to the snow. I can go snowboarding in the mountains, which is exciting and fun.



Practice Zone – Example Questions

1. Do you prefer reading books or watching movies? Why?
2. Would you rather live in the city or the countryside? Why?
3. Do you like shopping online or in stores more? Why?
4. Do you prefer studying alone or with classmates? Why?
5. Would you rather go out or stay home on weekends? Why?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

- 2 "Would you prefer to have a flexible job or a stable job?"
- 1 Answer the question.
- 3 Give a reason.
- 5 Provide an example.





Lesson 4 – Giving Suggestions and Responding



Takeoff – How to Make Suggestions

Making suggestions and responding politely is important in conversation. At Pilot Level, you should *suggest ideas with phrases* like “Why don’t we...”, “I think you should...” or “How about we..” followed by a specific idea.



Example → Respond

Example: Should we do something fun this weekend?

Why don’t we go to the beach?

Upgrade: Sure, that sounds like a great idea! We can play beach volleyball and have a picnic there.



Model Flight – Example Conversation

Topic: “What can we do for a class bonding activity?”



Mia: How about we go bowling this weekend?
I think you’d all enjoy it.



Victor: Bowling could be fun, but *I think* we should do something outdoors. Why don’t we go hiking at a nearby trail?



Rico: That sounds fun! We can pack lunch and have a picnic after the hike.
I’m sure it will help us bond as a class.



Practice Zone – Example Questions

1. What should we do on a rainy day?
2. How could we make our school better?
3. What can we do to help the environment?
4. Should we start a study group? Why or why not?
5. How could we raise money for a school event?



Landing – Mini Discussion

Homework.

Record 1 minute answer:

- 1 Why don’t we plan a camping trip together?
- 4 Answer the question.
- 3 Add two suggestions.
- 6 Respond positively.





Lesson 5 – Sharing and Supporting Opinions



Takeoff – How to Share & Support Your Opinion

When sharing your opinion, it's important to explain why you think that way. At Pilot Level, you should start with phrases like “*In my opinion,*” “*I think,*” or “*I believe,*” and include supporting reasons or facts to strengthen your point of view.



Example → Expand

Example: Should students have more time for recess?

I think students should have more time for recess

Expand: I think students should have more time for recess. *For example, recess gives students a break during the day which helps them relax and makes them*



Model Flight – Example Conversation

Topic: “Should students get longer summer breaks?”



Mia: *In my opinion,* students should get longer summer breaks because we deserve a good rest.



Victor: I believe longer breaks are beneficial since students can learn new skills. *For example,* you could spend time learning to cook,



Rico: I think it's better for learning because students can recharge. If you have a longer summer vacation, you'll come back to school refreshed and ready to learn



Practice Zone – Example Questions

1. Why is it good to learn debate skills?
2. Is it necessary to study art in school?
3. Do you think everyone should learn how to cook?
4. Is it important to have a hobby?
5. Should students use cell phones in class?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

- ✓ Why is it essential to exercise regularly?
- ✓ Answer the question.
- 2 Give two reasons.
- 5 Provide an example.





Lesson 6 – Handling Challenging Situations



Takeoff – Dealing with Difficulties

Managing challenging situations and solving problems is an important skill. **At Pilot Level**, it's important to remain calm and clearly explain what the problem is and suggest a reasonable way to solve it.



Example → Adapt

Example: What should we do if our laptop suddenly stops working during our study session?

Upgrade: Our laptop stopped working, so *let's continue studying using our phones.* We can also contact IT support if we're unable to fix it ourselves.



Model Flight – Example Conversation

Topic: "What should we do if we run out of fuel for the campfire?"



Mia: Let's use some dry branches as fuel. We can gather them from the nearby forest.



Rico: That's a good idea, Mia, but I think we need more than just branches.



Victor: No problem! How about we quickly go to the nearby shop to buy some charcoal? After that, I can help build the fire again.



Practice Zone – Example Questions

- 1 What would you do if you lost your wallet abroad?
- 2 How would you react if your flight was cancelled?
- 3 What should you do if you need directions in a new city?
- 4 What would you do if you forgot your homework?
- 5 How would you handle it if you were sick on an important day?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

- 1 What should I do if I get lost in a foreign country?
- 2 Answer the question.
- 3 Suggest a solution.
- 3 Give a useful tip.





Lesson 7 – Giving Reasoned Advice (With Explanation)



Takeoff – Good Advice Needs a Clear Reason

Good advice should not be short or vague. At Pilot Level, you should explain why your suggestion is useful and how it can help the other person.



Example → Upgrade

Example: Your friend feels tired every day.

You should sleep more.

Upgrade: You should sleep earlier because your body needs enough rest to recover, and as a result, you will probably feel more energetic during the day.



Model Flight – Example Conversation

Topic: “What advice would you give to someone who wants to improve their English?”



Mia: I'd advise them to practice every day because regular practice builds confidence. As a result, speaking English will start to feel more natural.



Victor: In my opinion, they should listen to English podcasts and write down useful expressions. This helps them understand real language and improve vocabulary at the same time.



Rico: I think they should speak with other people as often as possible. That way, they can use what they learn in real conversations.



Practice Zone – Example Questions

1. What advice would you give to someone who wants to manage time better?
2. What advice would you give to a student who feels nervous before exams?
3. How can someone become more confident when speaking English?
4. What advice would you give to a person who wants a healthier lifestyle?
5. How can a team work better together?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

“What advice would you give to someone who wants to reach an important goal?”

1. Answer the question.
2. Give a reason.
3. Explain how it helps.





Lesson 8 – Multi-Step Problem Solving



Takeoff – Solving Problems Step by Step

When solving a problem, one idea is not always enough. At Pilot Level, you should explain your solution in clear steps, so your ideas are easy to follow and more effective.



Example → Upgrade

Example: Your project is late.

We should finish it quickly.

Upgrade: First, we should organize the remaining tasks and divide the work clearly. Then, we can focus on the most important parts first, so we can finish the project more efficiently.



Model Flight – Example Conversation

Topic: “What should you do if you are preparing for an important exam?”



Mia: First, I would make a study plan because it helps me organize my time. Then, I would review the most difficult topics, so I can feel more prepared.



Victor: In my opinion, the best approach is to study regularly instead of all at once. This allows you to remember information better and reduce stress before the exam.



Rico: I would start early and practice a lot. That way, I can understand the material and feel more confident.



Practice Zone – Example Questions

1. What should you do if you are late for an important meeting?
2. How can you prepare for a job interview step by step?
3. What should someone do to improve their English quickly?
4. How can a team solve a problem together?
5. What steps can you take to stay organized at school?



Landing – Mini Discussion

Homework:

Record 1 minute answer:

“What should you do if you want to achieve a difficult goal?”

- ✓ Explain the steps.
- ✓ Give a reason.
- ✓ Explain the result.





Lesson 9 – Describing Situations with Impact



Takeoff – Explaining What Happened and Why It Matters

When describing a situation, it's important not only to explain what happened, but also why it is important. At Pilot Level, you should show the impact or result of the situation.



Example → Upgrade

Example: Tell me about a difficult situation.

Basic: It was difficult.

Upgrade: It was difficult because I had to make a quick decision under pressure, and as a result, I learned how to stay calm in stressful situations.



Model Flight – Example Conversation

Topic: “Describe a situation that changed your way of thinking”



Mia: I once had to work on a group project with people I didn't know. At first, it was challenging, but it helped me learn how to communicate better and understand different perspectives.



Victor: There was a time when I failed an important test. Although it was disappointing, it made me realize the importance of preparation.



Rico: I had a problem at work once, and I didn't know how to fix it. But after asking for help, I learned that teamwork can make things easier. 🙌



Practice Zone – Example Questions

1. Describe a situation where you learned something important.
2. Talk about a time when you solved a problem.
3. Describe a situation that made you change your opinion.
4. Talk about a difficult moment and what you learned.
5. Describe a situation where you helped someone.



Landing – Mini Discussion

Homework:

Record 1 minute answer:

“Describe a situation that had an important impact on you.”

- ✓ Describe what happened.
- ✓ Explain why it was important.
- ✓ Explain the result or impact.





Lesson 10 – Structured Long Answer (1~2 Min Speaking)



Takeoff – Organizing Long Answers Clearly

Speaking for a longer time requires **structure**. At Pilot Level, you should organize your answer into a **clear beginning, middle, and end**, so your ideas are easy to follow and more effective.

Example → Upgrade

BEGINNING

MIDDLE

END

Topic: **Why is it important to learn new skills?**



Mia: Learning new skills is essential.

For **example**, technology is developing quickly.
As a result, those who continue learning **succeed**.



Victor: Learning new skills improves life.

It builds confidence and helps solve problems.
Therefore, it's valuable for **success**.



Rico: Learning new skills makes life interesting.

For instance, you can apply them in **real situations**.
So, you become **independent**.



Practice Zone – Example Questions

Choose question. Discuss in small groups:

- 1 **Why** is it important to **set goals** in life?
- 2 **What** are the benefits of **learning a new language**?
- 3 **Why** do people need to manage their **time well**?
- 4 What makes a good **team member**?
- 5 **Why** is education important for the future?



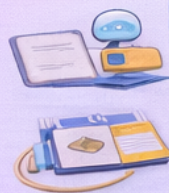
Landing – Homework

Homework:

Record a **1~2 minute answer**:

Why is it important to keep learning throughout your life?

- ✓ Give a clear introduction.
- ✓ Explain your ideas with reasons **and examples**.



RUNWAY – Horizon | Progression

A Structured English Speaking System



- ✓ Produce basic complete sentences
- ✓ Understand everyday English topics
- ✓ Support ideas with reasons
- ✓ Practice short, structured answers



- ✓ Speak continuously with clear structure
- ✓ Support ideas and solutions
- ✓ Handle complex communication situations
- ✓ Deliver long, organized responses



- ✓ Lead high-pressure communication
- ✓ Make critical, justified decisions
- ✓ Manage real-world challenges
- ✓ Communicate with authority and precision

Progress through these levels by mastering more advanced communication skills and becoming a leader in English speaking competence.

YOU HAVE COMPLETED PILOT LEVEL

Congratulations!

You have successfully completed the
Runway Horizon – Pilot Level.

- ✓ Speak with clear structure
- ✓ Support ideas with reasons and examples
- ✓ Give advice and solutions
- ✓ Handle complex communication situations
- ✓ Deliver long, organized answers

WHAT YOU HAVE MASTERED

- ✓ Structured speaking (Intro → Body → Conclusion)
- ✓ Reasoning (Why + Result)
- ✓ Problem-solving communication
- ✓ Confident, extended responses

WHAT'S NEXT?



CAPTAIN LEVEL

You are no longer just responding —
you are communicating with purpose.

→ Continue your journey to **Captain Level.**

FINAL MESSAGE

Great pilots communicate clearly.
Great captains communicate ➤ *with leadership.*